

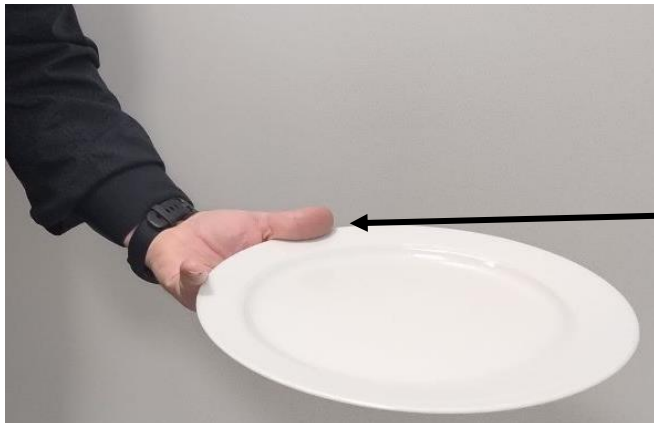
Task: Carrying the plates and serving, 3 plates

Objective: You can carry and serve three plates at the same time safely and efficiently.

Purpose: Faster and smoother service for customers when you can carry more plates at the same time.

Task:

- 1. Preparation:** Select three empty main course plates and starter plates.
- 2. Proper grip:** Refer to the pictures for examples.



Take the first main course plate in your left hand and place it between your palm and thumb.



Place the second plate overlapping the first one.



Take the third plate in your right hand.

3. Carrying and walking:

- Practice walking at a steady pace, keeping the plates stable.
- Pay attention to your posture and the position of your hands.
- Practice turning and avoiding obstacles, such as navigating around tables and chairs.

4. Serving portions: Practice serving portions to customers.



First, serve the portion in the right hand to the customer from the right side of the customer.



Take the portion in the left hand in the right hand.
Serve it to the customer again from the right side.



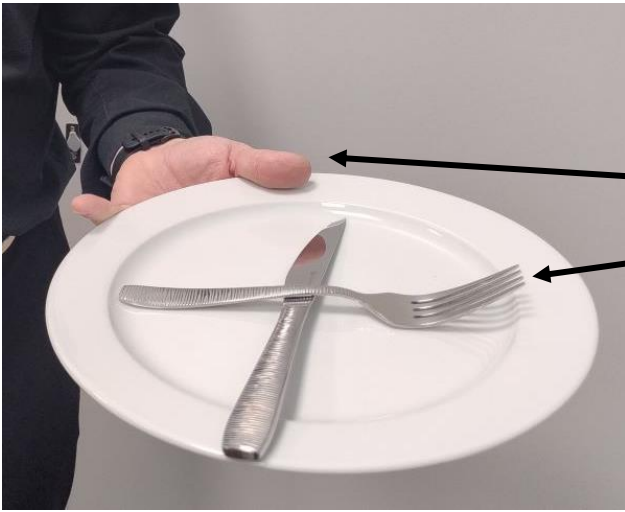
Move the third portion to the right hand
and serve it from the right side
of the customer.

Tip. Pay attention to that all plates are parallel. The main ingredient on the plate is closest to the customer.

5. Collecting dishes: Refer to the pictures for examples.

Practice collecting plates and cutlery off.

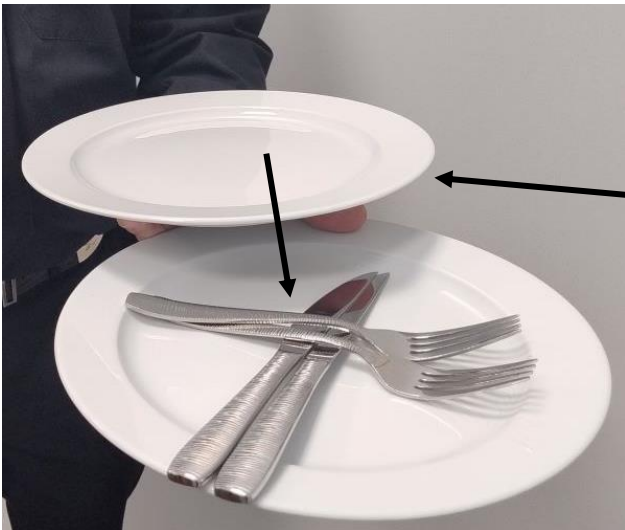
Collect the plates by taking the plate off the table from the right side of the customer.



Move the plate to the left hand and place it between the palm and thumb.

Move the fork to 5 o'clock.

Move the knife interlaced under the fork.



Place the second plate interlaced on top of the first.

Move the cutlery to the lower plate.



Take the third plate in your right hand.

Move the plate to the left hand
on top of the top plate.

Move the cutlery to the lower plate.

6. Returning the dishes: Safely return the plates to the serving station.

- First, lift the top two plates in the left hand into the basket.
- Then pick up the cutlery and finally the third plate.
- Sort the waste into the right containers.

7. Repeat the exercise with starter plates.