

How credible do you find the message?



Ava Hawkrige

Professor of Medicine

Running, cycling, hiking

Red processed meat is a major health hazard. The study review found that red processed meat was associated with a higher incidence and mortality of arterial disease.

Less credible

Credible

1 2 3 4 5

Justify your evaluation



Ethan Wolfdale

Father of two children

Lifelong learner

Red processed meat is not a significant health hazard. I eat red meat regularly and at my physical, all of my important indicators are great.

Less credible

Credible

1 2 3 4 5

Justify your evaluation



Olivia Deerfield

Lifestyle blogger

Passionate for jazz

Red processed meat is not a significant health hazard. Humans are carnivores and this is how we have survived.

Less credible

Credible

1 2 3 4 5

Justify your evaluation



Liam Bearsworth

Health education teacher

Museum freak

Red processed meat is a major health hazard. The WHO places processed meat into the highest risk category of carcinogens.

Less credible

Credible

1 2 3 4 5

Justify your evaluation

How credible do you find the message?



Violet Fernwood

Entrepreneur, trainer, blogger
Health and wellbeing

Less credible

Credible

1 2 3 4 5

Vitamin C supplements reduce the risk of flu. I take vitamin C supplements regularly and have not suffered from the flu since.

Justify your evaluation



Aspen Foxglen

Senior Lecturer in Nursing
I specialise in medical therapy, and in my free time I go camping and spend time in nature.

Less credible

Credible

1 2 3 4 5

Vitamin C supplements do not reduce the incidence of flu. According to my pharmacist, vitamin C is not useful in treating the flu.

Justify your evaluation



Hazel Rainfield

Executive medical director
I do yoga and paint in my spare time.

Less credible

Credible

1 2 3 4 5

Vitamin C supplements do not reduce the incidence of flu. This was the finding of a research review of nine randomised trials.

Justify your evaluation



Ivy Sunhaven

Accountant
A movie fan

Less credible

Credible

1 2 3 4 5

Vitamin C supplements reduce the risk of flu. As flu season approaches, many people turn to vitamin C and have found it works.

Justify your evaluation
