

Pedagogical support for a student with neuropsychiatric symptoms

Neuropsychiatric disorders include

- Attention-deficit hyperactivity disorder (ADHD)
- Autism spectrum disorder (ASD)
- Tourette syndrome
- Obsessive-compulsive disorder (OCD)
- Learning difficulties
 - Specific language difficulties
 - Extensive learning difficulties



Different support methods for teaching and guidance situations

1. Make sure that the study environment is calm.
2. Make the goals, contents and schedule clear.
3. Visualize, when possible.
4. Hand out notes on the study topics beforehand.
5. Use short instructions and write them down.
6. Use visually clear study material.
7. Divide the assignments into smaller sections.
8. Provide the student with varying assignments, engage them.
9. Emphasize the main things and repeat them at the end of the class.
10. Ask the student to repeat, in their own words, what they have heard and read.
11. Avoid metaphors and figures of speech, use plain language.
12. Enable mobility breaks and fidgeting/ drawing/ listening to music.
13. Take notice of the physical conditions (temperature, lighting, fatigue, hunger).
14. Minimize stimuli.
15. Anticipate changes and events.
16. Consider the seating.
17. Stick to rules and agreements.
18. Create an atmosphere of trust.
19. Emphasize moments of success.

Oppimisen tuen kehittäminen ammatillisessa koulutuksessa -project.

Source: Neuropsykiatrisen oppijan tukeminen (OPH). Peitso, Satu. 9.10.2024.