

Conflicting texts

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Text 1 *How to get rid of microplastics in tap water?*

Link:

https://corewebsites.s3.eu-north-1.amazonaws.com/corewebsites/healthhacker_en/index.html

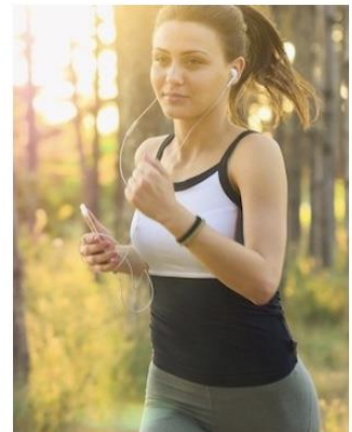


How to get rid of microplastics in tap water?

I read online that tiny bits of plastic, known as microplastics, end up in our bodies. It was said that in a week, this makes as much as the size of a credit card! That's pretty shocking to think about! I don't even want to imagine what that means over a year.

When microplastics get into our bodies, they can cause harm to our metabolism. This is probably why my metabolism does not always work that well. Who knows what else microplastics can cause? A friend of mine told me that they can even increase the risk of cancer.

Microplastics find their way into our bodies from various sources, especially from the water we drink. How can we avoid these microplastics from entering our bodies? We drink several liters of water daily, so it makes sense that tap water must be the biggest source of microplastics. Fortunately, there are different types of water filters out there! Please send me a private message with tips on what kind of filter to consider buying. Let's move toward a healthier life!

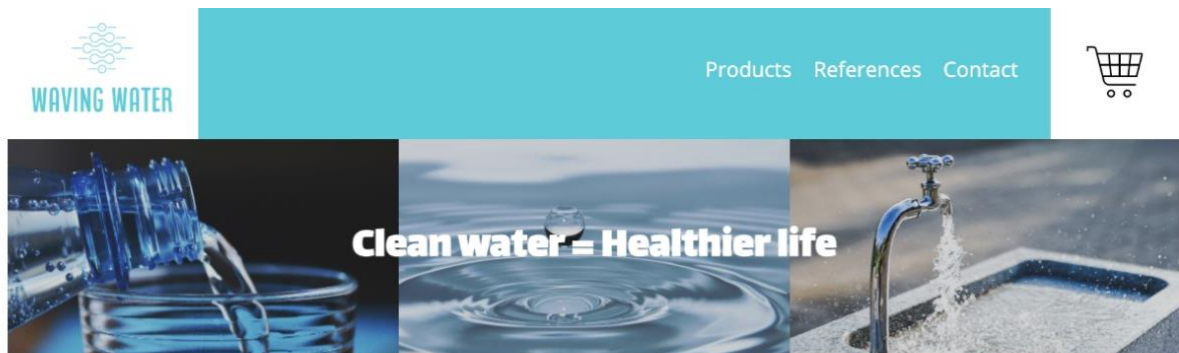


I am Elena Smith - a self-taught health hacker. In my work as an accountant, I sit by the computer all day long. In my free time, I channel my energy into fitness and all things related to well-being. On my Health Hacker blog, you can read about my insights on how to nurture the health of body and mind.

Text 2 *Get rid of microplastics with the AquaGlow Filter*

Link:

<https://corewebsites.s3.eu-north-1.amazonaws.com/corewebsites/wavingwater/index.html>



Get rid of microplastics with the AquaGlow Filter

We may take clean water for granted. In Finland, where our company is located, there is no shortage of water, and we have good water resources.

Recently, however, our customers have been concerned about water quality, as microplastics have been found in the water. Municipal water treatment cannot remove these plastics from the water. Microplastics can cause many health problems. Our customers have reported that microplastics have caused nausea, allergy symptoms, and indigestion.

Waving Water Co can provide a solution to this problem. The AquaGlow Filter removes all microplastics from drinking water. It has excellent filtration efficiency and is suitable for almost all faucet models. On top of that, the filter is easy to clean.

We deliver our products wherever you live! Feel free to contact us if you have any questions about water filters.

Harper Ripplewater, Product Manager.



Tap Filters



Portable Water Filters



Residential Water Filtration

Text 3 WHO: No worries about microplastics

Link:

https://corewebsites.s3.eu-north-1.amazonaws.com/corewebsites/Fi_newsletter/index.html



News Sports Health & wellbeing



WHO: No worries about microplastics

1.9.2019 Benjamin Maplewood, health and wellbeing

The World Health Organization (WHO) has reported on the importance of microplastics for human health.

According to the WHO report, microplastics in drinking water are not harmful to humans. However, WHO stresses that while there is no need to worry at the moment, the situation must be monitored.

-Absorption studies show that microplastics are likely to exit the body in the stool, confirms doctor Sophia Pinefield, who specializes in intestinal diseases. They are not absorbed by the body.

According to Pinefield, different microbes and chemicals are more dangerous to human health than microplastics.

-Especially in countries where water purification is not efficient enough, this should be a concern, Pinefield emphasizes. Studies show that in Finland the processes of water treatment plants work and that there are few microplastic particles in drinking water.

-In Finland, you can still drink tap water safely, sums up Pinefield

The WHO report was released last week. Its conclusions are based on current research on the impact of microplastics. The report received a lot of international media attention.

Text 4 Low Microplastics Levels in Finnish Drinking Water

Link:

<https://corewebsites.s3.eu-north-1.amazonaws.com/corewebsites/waterassociation/index.html>



[News](#) [Research and development](#) [Experts](#)

Low Microplastics Levels in Finnish Drinking Water

2.12.2018

Many have recently become concerned about the purity of drinking water. The amount of microplastics in water in particular has received a lot of publicity.

According to a recent study, there is little "garbage", or microplastics, in Finnish household water. A study by the Finnish Environment Institute and the Finnish Institute for Health and Welfare examined water samples from three different water treatment plants. Bottled water was also tested.

The results showed that some microplastics were found in both tap and bottled water. However, the concentrations of microplastics were lower after water treatment than before. This shows that the water treatment processes effectively remove microplastics from the raw water used to produce domestic water.

It should be noted that people are also exposed to microplastics through food and air. The researchers emphasize that it is not yet known exactly how the different routes of exposure differ. Even if water purification works, more research is needed to get an overall picture of the risks of microplastics.

References:

Sillanpää, M., Talvitie, J., Lehtiniemi, M., Setälä, O. (SYKE) and Kiviranta, H. (THL). 2018. Preliminary study on the prevalence of microplastics in Finnish waters. 29.10.2018. Report

CURRENT RESEARCH

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